

Cheruiyot Patrick  KEN

Personal Best - Outdoor

	<b>Performance</b>	<b>Wind</b>	<b>Place</b>	<b>Date</b>
10,000 Metres	28:27.1		Nairobi	01/07/2006

Progression - Outdoor

	<b>Season Performance</b>	<b>Wind</b>	<b>Place</b>	<b>Date</b>
10,000 Metres	2006	28:27.1		Nairobi 01/07/2007
10mi-	2007-	45:14		Broadstreet 10mi run Philly PA
13.1 MI	2009	1:05		ING-Georgia 1/2 marathon