


Deba Bizunesh  ETH

Sex Weight Height Date of Birth Place of birth

W 08/09/1987

Personal Best - Outdoor

	Performance	Wind	Place	Date
5000 Metres	15:52.33		Nobeoka	22/05/2004
10 Kilometres	32:36		Cape Elizabeth, ME	06/08/2011
15 Kilometres	49:32		New York City, NY	06/11/2011
20 Kilometres	1:06:28		New York City, NY	06/11/2011
Half Marathon	1:09:55		Philadelphia, PA	18/09/2011
25 Kilometres	1:23:57		New York City, NY	06/11/2011
30 Kilometres	1:40:45		New York City, NY	06/11/2011
Marathon	2:23:19		New York City, NY	06/11/2011

Progression - Outdoor

	Season	Performance	Wind	Place	Date
5000 Metres	2004	15:52.33		Nobeoka	22/05/2004
10 Kilometres	2011	32:36		Cape Elizabeth, ME	06/08/2011
	2010	32:37		New York, NY	12/06/2010
15 Kilometres	2011	49:32		New York City, NY	06/11/2011
20 Kilometres	2011	1:06:28		New York City, NY	06/11/2011
Half Marathon	2011	1:09:55		Philadelphia, PA	18/09/2011
	2010	1:12:50		Naples, FL	17/01/2010
25 Kilometres	2011	1:23:57		New York City, NY	06/11/2011
30 Kilometres	2011	1:40:45		New York City, NY	06/11/2011
Marathon	2011	2:23:19		New York City, NY	06/11/2011
	2010	2:27:24		St. Paul, MN	03/10/2010

2009 2:35:54

New York City, NY 01/11/2009

2/ Male

Nigusse Ketema  ETH

Sex Weight Height Date of Birth Place of birth

M 29/01/1981 Kuyu

Personal Best - Outdoor

	Performance	Wind	Place	Date
Half Marathon	1:02:59		New York City, NY	18/03/2012
Marathon	2:14:29		Tempe, AZ	18/01/2009

Progression - Outdoor

	Season	Performance	Wind	Place	Date
Half Marathon	2012	1:02:59		New York City, NY	18/03/2012
	2007	1:04:58		Porto	23/09/2007
Marathon	2009	2:14:29		Tempe, AZ	18/01/2009
	2008	2:15:45		Berlin	28/09/2008

Honours

	Rank	Performance	Wind	Place	Date
Senior Race					
35th IAAF World Cross Country Championships	17	f 37:57		Mombasa	24/03/2007
Short Race					
31st IAAF World Cross Country Championships	17	f 11:39		Lausanne	29/03/2003
Long Race					
34th IAAF World Cross Country Championships	26	f 36:58		Fukuoka	02/04/2006
32nd IAAF World Cross Country Championships	36	f 38:14		Bruxelles	21/03/2004
31st IAAF World Cross Country Championships	13	f 37:18		Lausanne	30/03/2003

3/ Male

Alemu Berhanu ETH

Sex Weight Height Date of Birth Place of birth

M 16/07/1982

Personal Best - Outdoor

	Performance	Wind	Place	Date
800 Metres	1:45.28		Bergen	11/06/2004
1500 Metres	3:35.67		Heusden-Zolder	05/08/2000
One Mile	3:58.95		Oslo	28/06/2002

Personal Best - Indoor

	Performance	Wind	Place	Date
800 Metres	1:45.85		Fayetteville, AR	14/02/2004
1000 Metres	2:19.39		Erfurt	02/02/2001
1500 Metres	3:38.75		Birmingham, GBR	18/02/2001
One Mile	3:57.76		New York (Armory), NY	03/02/2007

Progression - Outdoor

	Season	Performance	Wind	Place	Date
800 Metres	2006	1:49.67		Bambous	10/08/2006
	2005	1:47.37		Helsinki	11/08/2005
	2004	1:45.28		Bergen	11/06/2004
	2003	1:45.63		Paris Saint-Denis	28/08/2003
	2002	1:45.35		Ostrava	12/06/2002
	1999	1:50.06		Bydgoszcz	17/07/1999
1500 Metres	2004	3:38.14		Barakaldo	10/07/2004
	2003	3:46.13		Praha	29/06/2003
	2002	3:36.44		Zagreb	08/07/2002

	2000	3:35.67	Heusden-Zolder	05/08/2000
One Mile	2002	3:58.95	Oslo	28/06/2002

Progression - Indoor

	Season	Performance	Wind	Place	Date
800 Metres	2007	1:49.31		Fayetteville, AR	09/02/2007
	2006	1:48.19		Fayetteville, AR	10/02/2006
	2005	1:53.44		New York (Msg), NY	04/02/2005
	2004	1:45.85		Fayetteville, AR	14/02/2004
	2003	1:48.89		Fayetteville, AR	15/02/2003
1000 Metres	2006	2:22.00		Boston (Roxbury), MA	28/01/2006
	2005	2:21.19		Boston (Roxbury), MA	29/01/2005
	2004	2:20.51		Boston (Roxbury), MA	31/01/2004
	2001	2:19.39		Erfurt	02/02/2001
1500 Metres	2003	3:41.03		Boston (Roxbury), MA	01/02/2003
	2001	3:38.75		Birmingham, GBR	18/02/2001
One Mile	2007	3:57.76		New York (Armory), NY	03/02/2007

Honours

	Rank	Performance	Wind	Place	Date
800 Metres					
15th African Championships in Athletics	8	f	1:52.25	Bambous	11/08/2006
11th IAAF World Indoor Championships	5	h	1:51.07	Moskva (Olimpiyskiy Stadion)	10/03/2006
10th IAAF World Championships in Athletics	7	sf	1:47.66	Helsinki	12/08/2005
28th Olympic Games	6	sf	1:47.40	Athína (Olympic Stadium)	26/08/2004
9th IAAF World Championships in Athletics	3	sf	1:46.40	Paris Saint-Denis	29/08/2003

13rd African Championships in Athletics	6 f	1:48.54	Radés	10/08/2002
1st IAAF World Youth Championships	2 f	1:50.79	Bydgoszcz	18/07/1999
1500 Metres				
13rd African Championships in Athletics	8 f	3:44.23	Radés	07/08/2002
27th Olympic Games	10 sf	3:41.09	Sydney	27/09/2000

4/ Male

Tolla Girma ETH

Sex Weight Height Date of Birth Place of birth

M 57.00 1.71 13/10/1975

Information

He had a breakthrough in 1998, when he improved by 1:23 at 10000.

Personal Best - Outdoor

	Performance	Wind	Place	Date
2000 Metres	5:02.01		Milano	05/06/1998
3000 Metres	7:42.98		Cottbus	26/05/1999
5000 Metres	13:15.72		Hechtel	01/08/1998
10,000 Metres	27:13.48		Hengelo	30/05/1999
10 Kilometres	28:29		Minneapolis, MN	02/08/2008
20 Kilometres	57:42		Paris	16/10/2005
One Hour	20.102		Hengelo	01/06/2009
Half Marathon	1:01:26		Philadelphia, PA	21/09/2008
Marathon	2:10:33		Enschede	16/05/2004

Personal Best - Indoor

	Performance	Wind	Place	Date
2000 Metres	5:03.75		Gent	11/02/2000

3000 Metres 7:38.48 Stuttgart 04/02/2001

Two Miles 8:12.80 Birmingham, GBR 18/02/2001

Progression - Outdoor

		Season Performance	Wind	Place	Date
2000 Metres	1998	5:02.01		Milano	05/06/1998
3000 Metres	2001	7:46.60		Doha	18/05/2001
	1999	7:42.98		Cottbus	26/05/1999
5000 Metres	2000	13:21.04		Oslo (Bislett)	28/07/2000
	1999	14:17.19		Bratislava	08/06/1999
	1998	13:15.72		Hechtel	01/08/1998
10,000 Metres	2003	29:05.02		Hengelo	01/06/2003
	2001	27:22.84		Hengelo	04/06/2001
	2000	27:20.03		Villeneuve-d'Ascq	17/06/2000
	1999	27:13.48		Hengelo	30/05/1999
	1998	27:32.02		Hengelo	01/06/1998
	1997	28:55.67		Arona	10/05/1997
10 Kilometres	2008	28:29		Minneapolis, MN	02/08/2008
20 Kilometres	2005	57:42		Paris	16/10/2005
	2003	58:29		Paris	19/10/2003
One Hour	2009	20.102		Hengelo	01/06/2009
Half Marathon	2011	1:02:46		New York City, NY	20/03/2011
	2008	1:01:26		Philadelphia, PA	21/09/2008
	2003	1:02:06		Breda	05/10/2003
Marathon	2009	2:12:11		Nagano	19/04/2009
	2007	2:16:19		Tempe, AZ	14/01/2007

2006	2:15:56	Hamburg	23/04/2006
2005	2:12:38	Paris	10/04/2005
2004	2:10:33	Enschede	16/05/2004

Progression - Indoor

	Season	Performance	Wind	Place	Date
2000 Metres	2000	5:03.75		Gent	11/02/2000
3000 Metres	2001	7:38.48		Stuttgart	04/02/2001
	2000	7:38.68		Karlsruhe	29/01/2000
Two Miles	2001	8:12.80		Birmingham, GBR	18/02/2001

Honours

	Rank	Performance	Wind	Place	Date
10,000 Metres					
27th Olympic Games	11	f 27:49.75		Sydney	25/09/2000
7th IAAF World Championships in Athletics	4	f 28:02.08		Sevilla	24/08/1999
Long Race					
27th IAAF World Cross Country Championships	17	f 40:59		Belfast	28/03/1999
25th IAAF CROSS COUNTRY CHAMPIONSHIPS	27	f 36:47		Torino	23/03/1997

5/ Male

Fikadu Lemma citizen Ethiopia

	Age	State	Date	
2012				
 Coogan's Salsa Blues and Shamrocks 5K 2012	28	NY	3/04	Claim
 Bermuda Marathon/Half-Marathon 2012	-	0	1/15	Claim

R Bermuda Race Weekend Marathon & Half Marathon 2012	-	0	1/13	Claim
2011				
R Emerald Nuts Midnight Run 2011	27	NY	12/31	Claim
R Join The Voices! 5Mi 2011	27	NY	12/04	Claim
R ING New York City Marathon 2011	27	NY	11/06	Claim
R 2011 Rock 'n' Roll New York 10K 2011	-	NY	10/22	Claim
R Army Ten Miler 2011	27	DC	10/09	Claim
R Pit Run 10K 2011	27	NY	10/02	Claim

6/ Female

Atalelech Asfaw Citizen USA

	Age	State	Date	
2012				
R Southwest Spine and Sports Mountain to Fountain 15K 2012	29	AZ	3/11	Claim
2011				
R California International Marathon 2011	28	CA	12/04	Claim
R 75th Annual Manchester Thanksgiving Day Road Race 2011	28	CT	11/24	Claim
R IMT Des Moines Marathon 2011	25	IA	10/16	Claim
R Santa Fe to Buffalo Thunder Half Marathon 2011	-	NM	9/18	Claim
R America's Finest City Half Marathon/5K 2011	28	CA	8/21	Claim
R 26th Fifth Season 2011	28	IA	7/04	Claim
R Grandma's Marathon 2011	28	MN	6/18	Claim
R Mississippi Blues Marathon / Half-Marathon 2011	25	MS	1/08	Claim
2010				

R <u>MetroPCS Dallas White Rock Marathon 2010</u>	27	TX	12/05	Claim
R <u>Applied Materials Silicon Valley Turkey Trot 2010</u>	27	CA	11/25	Claim
R <u>SunTrust Richmond Marathon 2010</u>	27	VA	11/13	Claim
R <u>Tufts Health Plan 10K For Women 2010</u>	27	MA	10/11	Claim
R <u>Great Cow Harbor 10K Run</u>	27	NY	9/25	Claim
R <u>34th America's Finest City Half Marathon and 5K 2010</u>	27	CA	8/15	Claim
R <u>Deseret News Marathon and 10K</u>	23	UT	7/24	Claim
R <u>Front Runners New York Lesbian And Gay Pride Run 2010</u>	27	NY	6/26	Claim
R <u>Orange County Classic</u>	27	NY	6/13	Claim
R <u>Dam To Dam 2010</u>	27	IA	6/05	Claim
R <u>Run For The Zoo 2010</u>	27	NM	5/02	Claim
2009				
R <u>Spirit Of Columbus Half Marathon 2009</u>	-	OH	8/30	Claim
R <u>Nob Hill Run 2009</u>	26	NM	7/25	Claim
R <u>28Th Annual Shelter Island Run 2009</u>	26	NY	6/20	Claim
2008				
R <u>Spirit Of Columbus Half Marathon 2008</u>	-	OH	8/31	Claim
R <u>Nyc Half-Marathon 2008</u>	25	NY	7/27	Claim
R <u>Keybank Vermont City Marathon 2008</u>	25	VT	5/25	Claim
R <u>Rye Derby 5 Mile And Family Fun Run 2008</u>	25	NY	5/04	Claim
R <u>Mercedes Marathon 2008</u>	25	AL	2/10	Claim
2005				
R <u>Dannon-Daily Herald Wasatch Front 10K</u>				