

Lori Stich Zimmerman

747 Fox Run Circle • Colorado Springs, Colorado 80921 • 512-554-3946

happystich@hotmail.com

Personal Records:

Marathon	2:38:44	April 2004	St. Louis, Missouri
Half Marathon	1:12:11	September 2006	Brussels, Belgium
	1:15:50	February 2002	Austin, Texas
25k	1:32:22	May 2002	Grand Rapids, Michigan
10 mile	56:40	January 2004	Austin, Texas
15k	55:08	February 2000	Tampa, Florida
	54:07	January 2004	Austin, Texas
7 mile	41:33	July 1999	Davenport, Iowa
10k	35:57	March 2003	Austin, Texas
	35:43	January 2004	Austin, Texas
6M	33:41	September 2000	Grand Rapids, Michigan
6M English xc	35:13	June 1998	Ring, Ireland
5k	17:14	June 2003	Pittsburgh, Pennsylvania
5k track	17:32	April 1990	Kenosha, Wisconsin
1 Mile	5:01	March 2003	Austin, Texas
1500 track	4:47	March 1990	Cedar Rapids, Iowa
50k trail	4:05	July 1998	Allegan, Michigan

Notable Collegiate Athletic Performances & Related Honors:

NCAA Wisconsin Woman of the Year, 1991

Ripon College Athletic Hall of Fame, Inducted 2001

3-time NCAA Academic All-American

NCAA All-Regional Honors, Midwest Region

Cross Country 1988, 1989, 1990

Track & Field 1989, 1990, 1991

Midwest Athletic Conference:

Cross Country Champion, 1989

13-time individual Track & Field Champion

33-time All-Midwest Conference Honors

Individual 6-event Track & Field Champion, 1990, '91

Records established:

Sheboygan Wombat Invitational 5k Cross Country, 1989

Wisconsin Private Colleges 5k

Midwest Conference 10k, 5k, 3k,

NCAA All-time track seasonal points scored, 1990, 1991

Notable Post-Collegiate Performances:

Professional Road Racing Organization Circuit:

Top American in final Standings, 1999-2000

Eighth Individual in final Worldwide Ranking, 1999-2000

Top 50, United States Olympic Marathon Trials & US National Championships:

Columbia, South Carolina, February 2000

St. Louis, Missouri, April 2004 (Olympic alternate)

Boston, Massachusetts, April 2008

United States National Championships:

14th, US Olympic Marathon Trials, St. Louis, Missouri, April 2004 (2:38)

14th, US Marathon Championships, Boston, Massachusetts, April 2007

9th, US Open Women's Marathon National Championship, Twin Cities
Marathon, St. Paul, Minnesota, Oct. 1999

US Open Women's 25k National Championship, Grand Rapids, Michigan,
3rd/2002; 5th/2003, 2004; 8th/2005; 6th/2008

Marathon Wins:

United States Marine Corps Marathon, Washington, D.C., 2001

Dallas White Rock Marathon, Dallas, Texas, 1999

West Michigan Marathon, Muskegon, Michigan, 2000 (course record)

Cowtown Marathon, Fort Worth, Texas, 1995, 1998, 1999

Other Notable Wins:

SunMart 50k Endurance Run, Huntsville, Texas, 1994 (3rd, 1995-96)

PowerBar 20 Miler, New York, New York, 1995

Swan Creek Crawl 50k, Allegan, Michigan, 1998

Race for the Cure, Grand Rapids, Michigan, 1998-2000 (2 course records)

Crater Lake Rim Run, Oregon, 2001 (course record)

Alaska Wildlife Run, Anchorage, Alaska, 2008

International Wins:

Isle de Cité/Coer de Paris 5k, Paris, France, 2005
Weg Op, Kobeek-Lo, Belgium, 2006
Leuven Studenten Marathon, Leuven, Belgium, 2004, 2005
Leuven La Neuve-Leuven 30k, Leuven, Belgium, 2006
Fin de Lac 3k, 9k cross-country championship, Rocamadour, France, 1999
Belfast International 10k, Belfast, Ireland, 1998
Cork English-Style 6-mile, County Waterford, Ireland, 1998

Other International Appearances:

Brussels City Run Half Marathon, September 2004, (3rd overall, 1:12)
Twente Maraton, Twente, Holland, 1994 (3rd overall)
Medoc Marathon, Bordeaux, France, 2005
Athens Marathon, Athens, Greece, October 2006

Other Notable Road-Racing Performances:

United States team, Pacific Rim Ekiden, Niigata, Japan, 2003, 2004
Boston Marathon, 25th in 2001; 21st in 2007
Rock'n'Roll Marathon Top Ten, San Diego, California, May 1999
Nortel Cherry Blossom 10-mile, 7th, Washington, D.C., 2000
Gasparilla Distance Classic 15k Runner-up, Tampa, Florida, 1999, 2000
Statesman Capitol 10,000, Austin, Texas, Runner-up, 2003, 2007
Shamrock Run, Portland, Oregon, Runner-up, 2001
Alaska Classic 10k, 3rd overall, 2008
Distance Classic Overall Champion, Austin, Texas, 2001-02
Hibernation 5k, Portsmouth, New Hampshire, 2008
Houston, Texas Marathon Warm-up Series, top 5, 1994-96
Peachtree Road Race, Atlanta, Georgia, top 30 overall women, 2000, 2004
Walt Disney World Half Marathon, Orlando, Florida, 2008 (3rd)
Hood to Coast women's elite champion team Baba Yaga, 1998-2007
(submaster course record, 2004)

Education:

Emory University School of Law, Atlanta, Georgia, 1991-1994

Dean's List

Phi Delta Phi

Dean's Public Service Award

Managing Editor, *Emory International Law Review*

Ripon College, Ripon, Wisconsin, 1988-1991

Degrees: English, Music, Politics & Government

Cum laude

Phi Beta Kappa

Pickard Award, Best All-Around College Woman, 1991

Outstanding Young Alumna, 2000

Professional:

Professional Athlete, Hansons-Brooks Olympic Development Program

(Original Distance Project), Rochester Hills, Michigan,

December 2007-April 2008

Senior Attorney, National Legal Research Group, Charlottesville, Virginia,

December 2004 – present

Contract Attorney, Clark, Thomas, & Winters PC, Austin, Texas, 2004-05

Associate Attorney (focus areas: appellate, employment, and corporate litigation):

Fleckman & McGlynn, Austin, Texas, 2001-05

Bullard Smith Jernstedt Harnish, Portland, Oregon, 2001

Miller, Johnson, Snell & Cumiskey, Grand Rapids, Michigan, 1996-2000

American Inns of Court, Grand Rapids, Michigan, 1999-2000

Leadership Grand Rapids, 1998-1999

Clerk to the Honorable Lynn N. Hughes, United States District Court for the Southern District of Texas, 1994-96

Coaching & Competition Management Experience:

NCAA Division III – Emory University, Atlanta, Georgia

Assistant Coach, Track & Field and Cross Country, 1991-94

NCAA South/Southeast Regional Coaching Staff of the Year, 1992-94

Coaches' Award, 1994

Olympic Games, Atlanta, Georgia, July-August 1996

Track & Field Competition Manager

College of St. Benedict/St. John's University, Collegeville, Minnesota, 2007, 2008

Blazers Cross Country Prep Camp Head Counselor and speaker

Informal coaching and Motivational / Inspirational speaking engagements in Wisconsin, Georgia, Michigan, Oregon, Washington, Texas, and Colorado

Personal:

Music and Religious Service:

Volunteer church musician & high school youth leader, 1981-2008

Grand Rapids Symphony Chorus, Grand Rapids, Michigan, 1996-2000

Austin Vocal Arts Ensemble, Austin, Texas, 2002-2004

Carnegie Hall choral performer, New York, New York, 2004

International Travel:

Extensive travel in Western Europe, Australia, and Japan

Some backpacking across Eastern Europe, southeast Asia, and Africa

Running-related Publication: Marathon & Beyond, July 2008

Motivational / Keynote Addresses:

United Way Campaign, Big Rapids, Michigan, October 2001

Morley Stanwood High School Graduation, Morley, Michigan, May 1997

Blazer Cross Country Camp, Collegeville, Minnesota, 2007, 2008

Motivational Speaker for civic, service, and school groups ranging from elementary, intermediate, junior high, and high school to retirement ages, 1992-present

Olympic Trials Preparation fundraising projects for Habitat for Humanity,

“Run for a Reason,” 2000, 2004, 2008