

# Nicole Schappert – Elite Athlete Resume

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## **Personal Record:**

- Mile – 4:35
- 3k – 9:12
- 800 – 2:06
- 5k Cross Country – 16:34
- 6k Cross Country – 20:16

## **Collegiate Achievements: Villanova University**

- Member of 2009 NCAA National Championship Cross Country Team
- 3 Time All-American (mile, 3k, Cross Country)
- 6 Time NCAA Championships Qualifier
- 5 Time Big East Champion
- 2 Time Big East Athlete of the Week
- Held fastest time in the country for a collegiate, Indoor mile (2011)

## **Post-Collegiate Achievements:**

- Member of NYAC
- Trains with NJ-NY Track Club under Frank Gagliano
- Split 2:06 (800) on fastest Club Indoor DMR ever run
- 3<sup>rd</sup> in Manchester Mile (4:20)
- 2<sup>nd</sup> at Aileen Fisher Canadian Invitational (4:18)
- 8<sup>th</sup> at Falmouth Mile (4:37)