

Yeshaneh Ababel (ETH)

DOB: 10 June 1990

Personal Bests: 5000m: 14:41.58 (2016); 10000m: 30:35.91 (2013); Half Marathon: 65:46 (2018)
Marathon: 2:33:10 (2013)**International Championships Highlights:**5000m: 14th in 2016 Olympic Games10000m: 9th in 2013 World Championships**Progressions:**

Year	5000m	10000m	Half Marathon	Marathon
2018			1:05:46	
2017			1:07:21	
2016	14:41.58	30:54.12	1:07:52	

Marathon career

	Time	Race	Place	Date
	2:20:16 (short)	Abu Dhabi	1 st	7 Dec 2018
	DNF	Dubai	DNF	26 Jan 2018
Personal Best	2:33:10	Milano City	3 rd	7 Apr 2013
	2:34:36	Torino	6 th	13 Nov 2011

2018 Results

Date	Race	Distance	Place	Time
7 Dec	Abu Dhabi Marathon	Marathon (short)	1 st	2:20:16
21 Oct	Delhi Half Marathon	Half marathon	5 th	1:07:49
16 Sept	Kobenhavn Half Marathon	Half marathon	2 nd	1:05:46
4 Aug	Beach to Beacon 10K – Cape Elizabeth	10km	2 nd	31:26
22 Apr	Yangzhou Jianzhen half marathon	Half marathon	1 st	1:09:06
8 Apr	Istanbul Half Marathon	Half marathon	1 st	1:06:20
26 Jan	Dubai Marathon	Marathon	DNF	DNF

2017 Results

Date	Race	Distance	Place	Time
19 Nov	Delhi Half Marathon	Half marathon	2 nd	1:07:21
23 Apr	Yangzhou Jianzhen Half marathon	Half marathon	2 nd	1:10:38
19 Mar	Meia Maratona Internacional de Lisboa	Half marathon	6 th	1:10:13

2016 Results

Date	Race	Distance	Place	Time
20 Nov	Delhi Half Marathon	Half marathon	2 nd	1:07:52
19 Aug	Olympic Games – Rio de Janeiro	5000m	14 th	15:18.26
16 Aug	Olympic Games – Rio de Janeiro	5000m	8h1	15:24.38
29 June	ETH 10000m Olympic Trials – Hengelo	10000m	8 th	30:54.12
27 May	Prefontaine Classic – Eugene	5000m	9 th	14:47.29
22 May	Meeting Mohammed VI (Diamond League) – Rabat	5000m	5 th	14:41.58
3 Jan	Adana Half Marathon	Half marathon	1 st	1:09:36